$\begin{array}{llllllllllll}J & F & M & A & M & J & J & A & S & \mathcal{O} & N & D\end{array}$


## color Code

1 Red=mad or grumpy

2 Orange=average
3 Yellow=happy or
joyful
4 Green=disgusted, annoyed or frustrated

5 Blue=sad
6 Purple=nervous or anxious

7 Pink= energetic or productive

8 Brown=sick
9 Black=bleh
10 Gray=tired
11 Other=
Hint: Fill each
square in with a
number and then you can color it when you have time.

You may have more than one emotion per day. Mark them all.

ALL EMOTIONS ARE OK!!!

